



training session forms pre-session quiz



SCHOOL:			
CAMPUS (if applicable):			
SUBURB / TOWN:			
	STATE:		POSTCODE:
DATE OF SESSION:			

School role of person completing this review: Teacher Administrator Leadership Other:

- Asthma is a condition occurring in the _____
- Three signs that a person has asthma are (1) _____
(2) _____ (3) _____
- Three triggers for asthma are (1) _____
(2) _____ (3) _____
- The school's asthma emergency kits are kept

- Do you feel competent to undertake the Asthma First Aid procedure? Yes No
If yes, fill the spaces for the procedure for Asthma First Aid
Position the student _____; _____ the puffer; Using a
_____ puffer and a _____, give the student _____ puffs,
taking _____ breaths after each puff; Wait for _____ minutes; If there is no
improvement _____; If condition worsens or you are
concerned _____ and _____.

True or False?

- | | | |
|---|------|-------|
| 6. Asthma is a serious condition that can cause death | True | False |
| 7. There is no cure for asthma | True | False |
| 8. A person's first asthma attack can occur without warning | True | False |
| 9. Air temperature does not affect asthma | True | False |
| 10. Students with asthma should not exercise vigorously | True | False |
| 11. All asthma puffers can be used in an asthma emergency | True | False |
| 12. Asthma emergency medication is safe in all situations | True | False |

Thank you for taking the time to complete the quiz

PLEASE RETURN YOUR FORM TO THE ASTHMA SESSION TRAINER



Funded by the
Australian Government
Department of Health and Ageing



Please return completed form by post, fax or email to: Asthma Foundation of ACT | PO Box 687 WODEN ACT 2606
Facsimile: +61 2 6286 4475 | Email: afs@asthmaact.org.au | For more information visit our website: www.asthmafriendlyschools.org.au
"Asthma Friendly" is a registered trademark of the Asthma Foundations of Australia.

November 2008