



# training session forms

## pre-session quiz



<b>SCHOOL:</b>			
<b>CAMPUS (if applicable):</b>			
<b>SUBURB / TOWN:</b>			
	<b>STATE:</b>		<b>POSTCODE:</b>
<b>DATE OF SESSION:</b>			

School role of person completing this review:  Teacher  Administrator  Leadership  Other:

- Asthma is a condition occurring in the \_\_\_\_\_
- Three signs that a person has asthma are (1) \_\_\_\_\_  
(2) \_\_\_\_\_ (3) \_\_\_\_\_
- Three triggers for asthma are (1) \_\_\_\_\_  
(2) \_\_\_\_\_ (3) \_\_\_\_\_
- The school's asthma emergency kits are kept \_\_\_\_\_
- Do you feel competent to undertake the Asthma First Aid procedure? Yes No  
If yes, fill the spaces for the procedure for Asthma First Aid  
Position the student \_\_\_\_\_; \_\_\_\_\_ the puffer; Using a \_\_\_\_\_ puffer and a \_\_\_\_\_, give the student \_\_\_\_\_ puffs, taking \_\_\_\_\_ breaths after each puff; Wait for \_\_\_\_\_ minutes; If there is no improvement \_\_\_\_\_; If condition worsens or you are concerned \_\_\_\_\_ and \_\_\_\_\_.

### True or False?

- |   |      |       |
|---|------|-------|
| 6. Asthma is a serious condition that can cause death       | True | False |
| 7. There is no cure for asthma                              | True | False |
| 8. A person's first asthma attack can occur without warning | True | False |
| 9. Air temperature does not affect asthma                   | True | False |
| 10. Students with asthma should not exercise vigorously     | True | False |
| 11. All asthma puffers can be used in an asthma emergency   | True | False |
| 12. Asthma emergency medication is safe in all situations   | True | False |

Thank you for taking the time to complete the quiz

PLEASE RETURN YOUR FORM TO THE ASTHMA SESSION TRAINER



Funded by the  
Australian Government  
Department of Health and Ageing



Please return completed form by post, fax or email to: Asthma Foundation of Western Australia | PO Box 864 WEST PERTH WA 6872  
Facsimile: +61 8 9289 3601 | Email: [afs@asthmawa.org.au](mailto:afs@asthmawa.org.au) | For more information visit our website: [www.asthmafriendlyschools.org.au](http://www.asthmafriendlyschools.org.au)

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