

Asthma Airways

Term 1, 2008



Dear School,

Welcome back to the new school year! We hope everyone has returned refreshed and energized for 2008.

At the beginning of each new school term we email two short articles on asthma, which are designed to be copied and pasted into your parent newsletter as appropriate. Using these articles helps satisfy criteria 7 (information for parents) of the eight essential Asthma Friendly Schools criteria. Term 1 articles address Asthma Action Plans and the Back to School Asthma Spike.

Many schools are due to renew their Asthma Friendly status in Term 1 and 2. Please refer to the date at the bottom of your Asthma Friendly Schools certificate for your exact date of renewal. Due to the large percentage of schools renewing during this period we are encouraging schools to book a FREE staff asthma education session as soon as possible, in order not to miss out on your preferred date. **Please select a day where at least 75% of school staff can attend, as this is the requirement for criteria 1 of the 8 essential criteria.**

If we can assist at all with any further information about the program or asthma management in the school setting or you would like to order any resources, please do not hesitate to contact us.

Happy reading,

Kate Bolaffi

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Complete your Recognition Checklist Online

Schools are now able to renew as an Asthma Friendly School or become an Asthma Friendly school for the first time by completing the Recognition Checklist online. To access the form visit www.asthmafriendlyschools.org.au and look under: *For Schools| Program Forms For Schools| Victoria | Complete On-Line*



Asthma Action Plans

The Victorian Schools Asthma Policy 2006 states that every student with asthma attending school should have a written Asthma Action Plan. This plan should be completed by the student's doctor, in consultation with the student's parent/carer. As students return to school this term we encourage schools to make sure that students with asthma have an updated written Asthma Action Plan which is kept in a central location (having Asthma Action Plans fulfils criteria 2 of the 8 essential Asthma Friendly Schools criteria). Asthma Action Plans can be downloaded from www.asthma.org.au via *Programs | Asthma Friendly Schools Program | Asthma Action Plans*.

CALD Explained

CALD = Culturally and Linguistically Diverse

The new AFS 'Registration Form' & 'Recognition Checklist' both request information on CALD students. What is a CALD student? "In the Australian context, individuals from a CALD background are those who identify as having a specific cultural or linguistic affiliation by virtue of their place of birth, ancestry, ethnic origin, religion, preferred language, language(s) spoken at home, or because of their parents' affiliation on a similar basis."

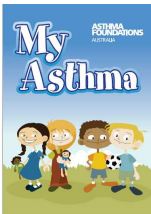
Victorian Dept of Human Services, Multicultural Strategy Unit

Your Say

Is your school Asthma Friendly? If so, you are invited to share your experiences of being involved in the program, which will be printed in the next edition of *Asthma Airways*. Please forward your thoughts to schools@asthma.org.au

Asthma Update

The Asthma Foundation of Victoria produces four *Asthma Update* Newsletters per year with the latest information on asthma, including our annual fundraiser, the Bubble Ball, to be held on Friday 9 May. The latest 'Autumn' edition of Asthma Update will be available in March through our website www.asthma.org.au or you can join the mailing list by emailing rcrocker@asthma.org.au



New 'My Asthma' Resource

We would like to introduce our new brochure called 'My Asthma'. 'My Asthma' is aimed at 8 and 9 year olds and covers what is asthma and how to look after your asthma. If you would like copies sent to your school please contact schools@asthma.org.au

New Product

The new Sports-haler™ is an innovative and hygienic device designed for people with asthma. Another alternative to the regular puffer, the Sports-haler™ is designed to hold standard Ventolin® or Asmol® medication canisters. However, its retractable twist action mouthpiece and flexible press cap seal help to prevent dirt and moisture entering the device. The device is available through The Asthma Foundation of Victoria and local pharmacies, with a percentage of unit sales returned to The Asthma Foundations of Australia for educational programs. To view the sports-haler visit www.asthma.org.au



Congratulations to our new Asthma Friendly Schools!

50% of Schools in Victoria are now Asthma Friendly. The list below shows the schools that became Asthma Friendly in Term 4 2008. If you would like more information on the Asthma Friendly Schools Program or if it is time for your school to renew it's Asthma Friendly status, please contact the Asthma Friendly Schools team at The Asthma Foundation of Victoria on (03) 9326 7088 or Toll Free 1800 645 130.

Alberton Primary School All Hallows Primary School – Balwyn All Saints School – Portland Ballarat North Primary School Ballarat Secondary College – Wendouree Campus 7-10 Ballarat Secondary College East Campus 7-10 Balwyn North Primary School Baranduda Primary School Baringa Special School – Moe Beaconsfield Primary School Belmont High School Berengarra School – Mulgrave Berwick Lodge Primary School Beverford District Primary School Boardwalk School P-9 - Point Cook Bulleen Heights Special School Carey Baptist Grammar School P-6- Donvale Casey Grammar School Casterton Primary School Castlemaine Steiner School Catholic College - Bendigo (Coolock Campus) Chilwell Primary School Clairvaux Catholic School – Belmont Clifton Hill Primary School (Gold Street) Clifton Springs Primary School Croydon Primary School De La Salle College Deepdene Primary School Deer Park Primary School Dinjerra Primary School – Braybrook Elizabeth Street Primary School – Moe Flinders Christian Community College - Tyabb Campus Footscray West Primary School Frankston Primary School Geelong Grammar School - Toorak campus Geelong South Primary School Girton Grammar School - 7-12 Bendigo Girton Grammar School - P-6 Bendigo Glenvale School - Ballarat 7-9 Great Western Primary School Greenbrook Primary School – Epping Greenhills Primary School Greythorn Primary School Grovedale Primary School Haileybury College Junior School - Brighton East – Castlefield Holy Eucharist School - Malvern East Holy Spirit Community School (1747) - North Ringwood Jamieson Way P-9 School Kalianna Special School – Bendigo Kangaroo Flat Secondary College Kilsyth Primary School Knox Park Primary School Kunyung Primary School Laburnum Primary School – Blackburn Little River Primary School Lowther Hall Anglican Grammar School Macarthur Primary School MacKillop Catholic Regional College – Werribee Marlborough Primary School – Heathmont Maroona Primary School Mater Christi College – Belgrave Matthew Flinders Secondary College Meadowbank Primary School – Broadmeadows Montrose Primary School Mooroopna Park Primary School Mooroopna Secondary College Mordialloc Primary School Myrtleford Primary School Noble Park English Language School Noorat Primary School Northland Secondary College Orrvale Primary School Our Lady Help of Christians (1632) – Murtoa Our Lady of the Sacred Heart Primary School – Merbein Peninsula Special Developmental School – Dromana Peranbin College - Baddaginnie Campus Peranbin College - Strathbogie Campus Peranbin College - Swanpool Campus Peranbin Primary School - Violet Town Campus Portland South Primary School Preston West Primary School Resurrection School - St Albans West Robinvale Secondary College - 400th Asthma Friendly School Rutherglen Primary School Sacred Heart School (1623) - Diamond Creek Salesian College (1299) – Sunbury Sholem Aleichem College – Elsternwick Southern Cross Primary School - Endeavour Hills Southvale Primary School St Agnes School – Highett St Clement of Rome – Bulleen St Francis Xaviers School (1280) – Frankston St James School (251) – Gardenvale St John the Evangelist (619) - East Melbourne St John Vianney's School (1613) – Mulgrave St Johns Lutheran School (1813) – Portland St Joseph the Worker School – Reservoir St Joseph's Primary School (1177) – Orbost St Josephs School (955) – Kerang St Judes Primary School – Langwarrin St Mary's Primary School – Mooroopna St Marys School (1564) - Newborough - Immaculate Heart of St Mary School St Matthews School - Fawkner North St Michaels School (1624) – Berwick St Monica's College (1657) – Epping St Patrick's School (1301) – Stratford Stawell Primary School – 502 Stevensville Primary School - St Albans Sydenham/Hillside Primary School - Sydenham campus Templestowe College Templestowe Heights Primary School Traralgon Primary School (Kosciusko Street) Warrandyte Primary School Watsonia Heights Primary School Wattle Glen Primary School Westbourne Grammar School (1003) Junior P-4 Williamstown Campus Westbourne Grammar School Junior P-6 Truganina Westbourne Grammar School Senior Campus 7-12 Truganina Western Autistic SDS - Deer Park Western Autistic Special School – Niddrie Whitfield District Primary School Winters Flat Primary School – Castlemaine Wodonga South Primary School Woodford Primary School Yackandandah Primary School



Australian Government
Department of Health and Ageing

